

**Queensland Race Walking Club Inc.**

*Building on a fine tradition of race walking, 63 years in the making.*



## HEEL & TOE

September 6<sup>th</sup> 2018

### *Time to Celebrate a Fantastic Year*

#### **Relays/BBQ/Trophy Day Sunday September 16<sup>th</sup>**

What a fantastic 12 months it has been for the club and our members. Our athletes have enjoyed outstanding success in state, national and international competitions highlighted by that unforgettable day when Dane stormed home in front of a screaming partisan crowd to win the gold medal at the Commonwealth Games at Currumbin. This year we have had Dane and Katie compete at the Race Walking World Teams Championships in China with Katie going on to take 5<sup>th</sup> place at the U20 World Championships in Finland. Our members have won National medals in track and road championships included the recent AA Championships on the Sunshine Coast. Our volunteers and race officials have been a tower of strength not only at our weekly road meets but also in organizing and delivering at the Currumbin invitation 5km last September, at the Commonwealth Games at Currumbin, QA & Masters State Championships and at the AA/RWA meet at Lake Kawana. Congratulations and thank you one and all.

Now it is time to come together as a club to celebrate the achievements of all our members and to reward our athletes for their successes during the road season.

Please join your fellow members on Sunday, September 16<sup>th</sup> with a fun day starting with an almost anything goes handicap relay followed by a wonderful bbq lunch cooked by our celebrity chefs. All the trophies and medals are then presented before we dig into a table load of (calorie free!) cakes and desserts.

**10.00am.** 4 x 1,000 metres Handicap Relay (Bill Cook Trophy) Kalinga Park

Get your relay team together now. Mums & Dads dust off those walking shoes it's your turn to show the kids how it is done.

**11.00am** following the relay we have a Bbq lunch and then have a presentation of all trophies and medals for the season.



*Our hosts Iggy and Gladys*

**Venue address:** 38 Landscape Street, Stafford Heights (bring along your swimmers, , a towel , sunnies and a deck chair )

At our Presentation day, we always hold a series of raffle days to add to the fun. Please bring along and donations of prizes for these raffles.

We would also like to ask if you could please bring along a plate to share for dessert.

**The cost of the BBQ is \$ 10 per head or \$ 25 per family.** Soft drinks and light beer will be on sale.

If you have not already done so please RSVP for the bbq lunch and relay ASAP.



*Trophies Galore*

# RESULTS RESULTS RESULTS

## Athletics Australia/ RWA Carnival

### Lake Kawana Sunday August 26<sup>th</sup>

#### Results for Handicap trophies and Teams Medals

##### OPEN HANDICAP

- 1 Jimenez-Solis Ignacio QRWC
- 2 Paterson Adam RWV
- 3 Barendregt Travis NSWRC

##### MASTERS HANDICAP

- 1 Bennett Peter QRWC

##### GIRLS UNDER 18 5 KM

###### HANDICAP

- 1 Schofield Isabella 00:19:58
- 2 Bell Bridget 00:20:57
- 3 Heikkila-Dubowik Kaylah 00:21:18

###### TEAM

- 1 RWV1 17 Peart Jemma, Hay Charlotte Heikkila-Dubowik Kaylah
- 2 NSWRC1 16 Lee Hannah, Bell Bridget, Mison Hannah
- 3 QRWC1 13 Hannigan Caitlin, Hamann Charlotte, McRoberts Jasmine-Rose

##### BOYS UNDER 16 5 KM

###### HANDICAP

- 1 Wearne Jonathan QRWC

##### GIRLS UNDER 16 5KM

###### HANDICAP

- 1 Schofield Amelia 00:21:21
- 2 Blanch Emma 00:21:51
- 3 Ofield Mackenzie 00:22:35

##### UNDER 14 BOYS 3KM

###### HANDICAP

- 1 Bannister Jack QRWC 00:12:31

###### TEAM

- 1 QRWC1 7 Norton Kai, Bradley Alex, McCure Sam

##### UNDER 14 GIRLS 3 Km

###### HANDICAP

- 1 Broughton Milly NSWRC 00:11:39
- 2 Tofful Amber QRWC 00:12:19
- 3 Petterwood Demi TRWC 00:12:21

**TEAM**

- 1 QRWC1 25 Anderson Jayda, Clarke Anika, Heap Ashanti
- 2 QRWC2 15 Norton Amber, Brady Korey, Scarlett Schofield
- 3 QRWC3 6 Millard Summer, Fisher Torryn, Tofful Amber

**BOYS UNDER 12 2KM****HANDICAP**

- 1 Petrovic Jacob QRWC 00:06:30
- 2 Morgan Oliver TRWC 00:09:11
- 3 Ryan Dylan NSWRC 00:10:56

**GIRLS UNDER 12 2 KM****HANDICAP**

- 1 Petterwood Macie TRWC 00:07:57
- 2 Teahan Rebecca QRWC 00:08:58
- 3 Goulding Lily QRWC 00:09:22

**TEAM**

- 1 QRWC 7 Williams Lyla, Teahan Rebecca, Goulding Lily

**2<sup>nd</sup> September, 2018**

**Murarie****QRWC Invitation Meet / QMA Road Walk Championships****David Smith Open Men 20km**

**Men:** (1) Peter Bennett 2.04.21 (2) Ignacio Jimenez 2.05.02

**QMA Long Walks Championships****Men: 30+ 20km**

- 1 M50-54 Ignacio Jimenez 2.05.02
- 1 M60-64 Peter Bennett 2.04.21

**Women: 10km**

- 1 W40-44 Brenda Gannon 59.50
- 1 W75-79 Noela McKinven 1.26.27

**Invitation 5km**

**Women:** (1) Caitlin Hannigan 25.41

**Invitation 2km**

**Boys:** (1) Myles Callaghan 10.37

**Invitation 1km**

**Boys:** (1) Flynn Callaghan 5.36

# COMING UP



**ENTRIES ARE NOW OPEN**

**Entries Close: •Wednesday 31 October 2018**



The QRWC is the host organisation for Athletics - Road Race Walks for the 2018 Pan Pacific Masters Games. The road walks will take place on the Luke Harrop Criterium Circuit next to the Sports Super Centre at Runaway Bay on Sunday November 11th 2018.

Every entry in the 10km road walk will benefit the club so please spread the word amongst your Masters friends.

**Any club members who wishes to assist with the running on the meet on Sunday November 11<sup>th</sup> as a judge, lap scorer, timekeeper, water station, canteen etc please advise Peter Bennett via email at [peter.bennett@live.com](mailto:peter.bennett@live.com) Thank you.**

There will be the traditional after race sumptuous bbq breakfast thanks to the generosity of our wonderful Co Patrons, Pat & Maxine. Than you so much for this kind invitation.

<https://mastersgames.com.au/ppmg/sports/athletics-road-race-walk/>

Dates & Times •Sunday 11 November 2018: 7am start

Events: •10km Road Race Walk

Age Requirements

•Age is determined as at 11 November 2018

•Minimum age for competition is 30 years

Fees: Sport Fee: \$20 per person

Games Fee: Competitor: Standard – \$140

## **2019 OMA CHAMPIONSHIPS MACKAY QLD**



**Date: 31 August to 7 September 2019**

### **QA Registration for Volunteers**

The club encourages all club volunteers, officials, committee members and coaches to register with Queensland Athletics through their Free member option. This membership is valid up until 30th September 2018 and includes coverage for Personal Accident Insurance under the National Insurance Program.

Go to the QA website membership page and register as a QRWC volunteer.

<http://www.qldathletics.org.au/Membership/Membership-Information>

## **Beginners race walk judging course**

AA have developed an on-line Level 1 race walk judging course.

<http://athletics.com.au/Officials/Level-1-Important-Information>

Once you have completed this course ask to stand with one of our qualified judges at a road walk meet to learn practical side of judging.

**Coming Up .....**

September 1-16<sup>th</sup> World Masters Athletics Championships Malaga, Spain

September 9<sup>th</sup> Gold Coast Masters 3,000 metres Griffith University 8.00am



September 16<sup>th</sup> Relay/Trophy/BBQ Day Kalinga Park 10.00am

September 23<sup>rd</sup> Gold Coast Masters 3/5,000 metres Griffith University 8.00am

September 29<sup>th</sup> QMA 3,000 metres SAC 8.00am

October 6<sup>th</sup> Maryborough Annual Day/Night Carnival and Masters Games

October 7<sup>th</sup> Gold Coast Masters 3/5,000 metres Griffith University 8.00am

October 21<sup>st</sup> Gold Coast Masters 3/5,000 metres Griffith University 8.00am

November 11<sup>th</sup> PPMG 10km Road Walk Runaway Bay 7.00am

December 2<sup>nd</sup> AA 50 km Championships & 20km Invite events Melbourne.

December 7-9<sup>th</sup> Australian All Schools Track Championships Cairns

## **2019**

May 25<sup>th</sup> Great Barrier Reef Masters Games

August 31<sup>st</sup> Oceania Masters Championships 2019 - Mackay

## ***Racewalking Queensland***

*(Trading at the Queensland Race Walking Club Inc. ABN 59065512712)*

### **Racewalking Queensland Management Committee 2018/19**

**President:** S. Pearson

**Secretary:** N. McKinven

**Vice President.** P Bennett

**Treasurer** R Hamann

**Committee.** C Goulding, I. Jimenez, S. Langley J. Pickles, R. Wales, J. Westlin.

**Patrons:** Patrick & Maxine Sela

**Delegates to QA:** R. Wales, S. Pearson

**Equipment Officers:** A. Wearne

**Registrar:** A. Wearne

**Canteen Committee:** M. Sela, S. Wearne, J. Westlin.

**Handicapper/Results:** N. McKinven

**Selectors:** S. Langley/I. Jimenez

**Social Media/Publicity:** J. Pickles

**Director of Coaching:** D. Smith

**Trophy Officer:** N. McKinven

**Newsletter Editor:** P. Bennett

**Webmaster:** A. Wearne

**Club Captains.** J Pickles, P. Lindenberg

## **QRWC Annual Subscriptions 2018/19**

### **Registration Fees**

Family \$40

Students & Officials \$15

Others \$25

To register with Queensland Athletics, you must use their On-Line Registration.

Go to [www.qldathletics.org.au](http://www.qldathletics.org.au)

### **Race Day Fees**

Students \$ 4 / Others \$6

Club Championships: Road \$8 / Track \$10

**Season Ticket** \$60/\$30 (for students) per athlete

**QRWC Website:** [www.qrwc.com.au](http://www.qrwc.com.au)

### **Contact emails:**

[qrwc1@optusnet.com.au](mailto:qrwc1@optusnet.com.au) Membership, coaching or general enquiries about the club

[racewalkqld@outlook.com](mailto:racewalkqld@outlook.com) Articles for the newsletter, to send in results, to join newsletter mailing list.

[qrwcregistrar@outlook.com](mailto:qrwcregistrar@outlook.com) Club membership enquiries and information

### **About us ....**

*Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

For news and information on the Australian Federation of Race Walking (Racewalking Australia) and the member clubs go to [www.rwa.org.au](http://www.rwa.org.au)

RWA Facebook page <https://www.facebook.com/racewalkingaustralia/>



